

# LMHI 2018 POST-CONGRESS TOUR

[09-13 September 2018]



Dear Colleagues,

It is with tremendous pleasure that I invite you to consider participating in the LMHI 2018 Post-Congress Tour that I have organised in Durban, immediately after the LMHI 2018 Congress in Cape Town.

South Africa is a spectacularly beautiful country, filled by the warmth of its people, and the energy of its wildlife. In recognition of the fact that most Congress delegates will have made their first visit the African continent, I have designed the Tour (max. of 50 participants) as a way of affording participants a more authentically African experience, an opportunity to observe African wildlife in their natural environment, to share in the story of Gandhi in Phoenix, the first democratic vote of Nelson Mandela in Inanda, and to engage directly with Zulu healers as they practice one of the oldest and most traditional systems of medicine. Of course, the Tour will also include a visit to one of only two sites of homoeopathic training in South Africa, at the Durban University of Technology.

The Tour will include:

- Accommodation (including breakfast) for four nights (09-12 September);
- Two dinners (11-12 September);
- Transfers to and from King Shaka International Airport (*Durban*), and coach transport within the individual Tour events;
- All Tour events (*including admission fees*):
  - Inanda Heritage Tour;
  - Durban City & Cultural Tour;
  - Two Safaris (*Hluhluwe-iMfolozi National Park*);
  - 2-hr boat cruise (*St Lucia Estuary*);
  - Visit to Emdoneni Cat Rehabilitation Project;
  - Visit to the DUT Department of Homoeopathy & Clinics.

**TOTAL COST:** R 8 450.00 (1 person) [approx. € 570 / \$ 675]  
R14 000.00 (2 persons, sharing) [approx. € 940 / \$ 1 120]

[Summarised Tour Schedule](#)

[Detailed description of the Tour \(Itinerary\)](#)

[Tour Map](#)

## TRAVEL ARRANGEMENTS:

The Tour **DOES NOT INCLUDE** travel between Cape Town and Durban.

1. **Emirates** and **Turkish Airlines** fly into Cape Town, and out of Durban. If you will be traveling to the Congress on either of these airlines, it is recommended that you book a multi-city trip that brings you into South Africa at Cape Town, and has you leaving South Africa from Durban. A **single** flight between Cape Town and Durban on the morning of 09 September can be booked separately (*see below*).
2. If you will be travelling on **any other airline**, and flying into and from **Cape Town**, you will need to book a separate **return** domestic flight between Cape Town and Durban, leaving Cape Town on 09 September, and returning to Cape Town from Durban at any time after 16h00 on 13 September (*see below*).
3. If you will be travelling on **any airline**, and flying into and from **Johannesburg** (OR Tambo International Airport), your domestic reservations will need to include flights from Johannesburg to Cape Town (*before Congress*); Cape Town to Durban on 09 September; and Durban to Johannesburg any time after 16h00 on 13 September (either within a single multi-city reservations, or as below).

Reasonably priced domestic flights between Cape Town and Durban are able to be reserved at [www.kulula.com](http://www.kulula.com), or [www.flymango.com](http://www.flymango.com). The following flights between Cape Town and Durban are recommended:

### At [www.kulula.com](http://www.kulula.com):

- |           |               |               |
|-----------|---------------|---------------|
| 1. MN 703 | Departs 09h35 | Arrives 11h35 |
| 2. BA6305 | Departs 12h00 | Arrives 14h00 |

### At [www.flymango.com](http://www.flymango.com):

- |           |               |               |
|-----------|---------------|---------------|
| 1. JE 334 | Departs 08h50 | Arrives 10h45 |
| 2. JE 342 | Departs 11h45 | Arrives 13h40 |

Regards,



**PROF. ASHLEY ROSS**

Deputy Dean: Faculty of Health Sciences  
Durban University of Technology

[Register for LMHI 2018 Post-Congress Tour here](#)